

RYUSUI-RYU JUNIOR GRADING SCHEDULE

Age: 8 - 14 years

Issued: January 2021

Time Estimate: 5 years

| GRADE | KATA | TECHNIQUES | GENERAL | QUALIFICATION CRITERIA |
|---|-------------------|--|--|--|
| 8th Kyu White Belt | Shiho-zuki Jodan | Taisabaki (20 - 23) | Kihon (Set 1) Holds Mae (1-3) Shikko | Valid Membership Estimated Time: 3 mths |
| 7th Kyu Red Belt | | Ikkyo (1) Ippon Kumite | Ukemi (Suwarawaza) Randori (1) | Valid Membership Estimated Time: 3 mths |
| 6th Kyu Yellow Belt | Shiho-zuki Chudan | Kokyu ho Suwari-waza (4) | Holds Mae (1-7) | Valid Membership Estimated Time: 6 mths |
| 5th Kyu Orange Belt | Shiho-zuki Shuto | Ikkyo (2) Irimi-nage(1) | Kihon (Set 2) Ukemi (Tachiwaza) Holds Ushiro (8-9) | Valid Membership Estimated Time: 6 mths |
| 4th Kyu Green Belt | | Sumi Otoshi (2) Kaiten-nage (2) Ippon Kumite | Randori (13) | Valid Membership Estimated Time: 9 mths |
| 3rd Kyu Blue Belt | Shiho-zuki Gedan | Ikkyo (3,5 & 6) | Kihon (3) | Valid Membership Estimated Time: 9 mths |
| 2nd Kyu Purple Belt | | Kaiten-nage (1) | Holds Ushiro (8-12) | Valid Membership Estimated Time: 1 year |
| 1st Kyu Brown Belt (Hakama) | Shiho-Keri | Sanbon Kumite Irimi-nage (15) Ikkyo (9,11) | Randori (3 attackers) Advanced Ukemi | Valid Membership Estimated Time: 1 year |

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Key to Grading Summary

Front Holds:

1. Ai-hanmi katate-dori
2. Gyaku-hanmi katate-dori
3. Ryote-mochi Ryote-dori
4. Ryote-mochi Katate-dori
5. (Ryo) Sode-dori
6. (Ryo) Kata-dori
7. (Ryo) Mune-dori

Rear Holds:

8. Ushiro Ryote-mochi Ryote-dori
9. Ushiro Ryokata-dori
10. Ushiro Eri-dori
11. Ushiro Kubu-jime
12. Ushiro Mune-daki-shimema

Kihon: sets 1 to 3 (see separate sheet)

Basic Strikes:

13. Zuki
14. Keri
15. Shomen uchi
16. Yokomen Uchi
17. Empi
18. Tanto thrust (Chudan)
19. Tanto stab (Jodan)

Body Movement:

20. Iremi
21. Tenkan
22. Ushiro Tenkan
23. Kaiten

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Note to Instructors (not issued with student copies)

1. Each grade can be subdivided into 3 tabs awarded at the discretion of the club instructor (see below)
2. The following techniques are not included in this junior schedule as they are considered unsuitable for children to be taught in a class environment:
 - Sankyo
 - Shihonage
 - Nikyo
 - Gokyu
 - Jujinage
 - Kotegaeshi
 - Koshinage
3. Juniors who migrate from this schedule to the senior schedule will be expected to spend a minimum of at least 4 months consolidating their knowledge and standard while learning the required additional techniques.
4. Life-Skill badges, although an important part of the junior student's development, are independent of this grading schedule.
5. The age range for this schedule is 8 to 14 years. 15 years and above will be taught the senior schedule and attend senior classes. Migration to the senior schedule will be dependant on the age, size, skill level and maturity of the student. It will be decided on an individual basis in consultation with their instructor and parents.
6. Ippon and sanbon kumite will be based on the schedules kata content

Progress Awards:

A progress award can be made at the discretion of the class instructor. They are designed to be used in order to ensure the student has a feeling of progression between actual belt gradings in order to keep them motivated. They can also be used to reward exceptional effort.

Tag 1 Yellow

Tag 2 Orange

Tag 3 Green